

Useful Web Sites

There is a vast amount of information about Myeloma available via the Internet. It is important, when 'surfing' the web, that you access reputable and credible sites in order for you to gain accurate and useful information. Below is a list of some sites that you may find useful. Please note that many are based in the United States or United Kingdom. Although Myeloma the disease is the same throughout the world, the health care systems do differ. The names of certain medications may differ as well as availability of treatments and specific tests and investigations.

www.myeloma.org.au (Australia)

This is the site of the Australian Myeloma Foundation. It is an informative site that provides accurate information regarding Myeloma, treatment options and living with Myeloma. There is information about support groups and seminars across Australia and access to the Myeloma Clinical Guidelines. It is a very good Australian Myeloma specific site.

www.myeloma.org.uk (UK)

The web site for the International Myeloma Foundation UK, a charity established for those affected by Myeloma. There is a comprehensive collection of information sheets and guides on all aspects of Myeloma and its management.

www.myeloma.org (USA)

Web site for the International Myeloma Foundation (Global). This comprehensive site is an excellent source of information on all aspects of Myeloma and also links to other sites. Online chat available.

www.multiplemyeloma.org (USA)

The web site of the Multiple Myeloma Research Foundation. A charitable organisation that provides information for those affected by Myeloma whilst funding a large amount of medical research. This site has some research-based information and can use technical terms.

www.leukaemia.com (Australia)

This is the web site of the Leukaemia Foundation of Australia. This site broadly provides information on blood related cancers. It provides some good basic information about bone marrow and blood cells. They can also provide transport and accommodation for those with myeloma to help attend hospital appointments.

<http://www.nci.nih.gov/> (USA)

The National Cancer Institute (USA) is an extensive site with excellent information on all cancers and treatments. It has a good general overview of Multiple Myeloma with a glossary of terms provided.

www.cancerbackup.org.uk (UK)

CancerBACKUP is a charitable organisation within the UK that provides support to those affected by cancer. Their website provides a wide range of patient information on all aspects of cancer, from the disease itself to managing the symptoms and side effects of treatment

www.cancer.org.au (Australia)

Web site of the Cancer Council of Australia. It provides excellent support and information on cancer and cancer – related issues.

www.carersaustralia.com.au (Australia)

This website is available in each state. It provides information on support for the carer.

www.mskcc.org/cancer-care/integrative-medicine (USA)

The Memorial Sloane Kettering Cancer Care Centre aims to complement mainstream Cancer Care. They have a link to their “About Herbs, Botanicals and Other Products” site to access reliable information about herbs and supplements. Always discuss any complementary medicine with the doctor before taking. Some natural products can interfere with the treatments used for myeloma.

www.humanservices.gov.au (Australia)

The Department of Human Services is responsible for the development of service delivery policy and provides access to social, health and other payments and services. Centrelink and Medicare are now incorporated in this website. Information on how access to 5 allied health visits per year via the Chronic Disease Management Program can be found here.

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**For further information please contact one of our Myeloma Support Nurses
on our Support Line:**

1800 MYELOMA (1800 693 566)

or visit our website: www.myeloma.org.au